

* motivation, inspiration, anything is possible



MindVision^{UK}

www.mindvisionuk.com

BExcellent

What can we do for you?

MindVision have been involved in the planning and delivery of several types of activities relating to enterprise and personal development in schools over a number of years.

The emphasis of BExcellent supports the progression of lifelong learning addressed in Curriculum For Excellence, underpinning the necessity for young people to develop the required skills for life and work

Key Experience

As well as BExcellent, MindVision has been successfully involved with an educational charity for several years across the Central Belt of Scotland and beyond resulting in the delivery of a vast number of courses raising awareness in Core Skills and business.

Course Description:

FREAKY FORTRESS

The delivery of Freaky Fortress, will assist learners' develop and recognise their skills and abilities and that of others, through a practical and applied learning experience presented in a highly active fun atmosphere.

Freaky Fortress: the activity

The session will commence with an introduction, emphasising the importance of a positive 'can do' attitude, confidence development, emotional intelligence, transferable work/life skills and interpersonal skills.

The Practical Session

From a kit provided, randomly mixed small teams recreate a challenging structure, which is built but hidden from view. The description of the structure is fed back by the pupils through verbal communication shared by all team members to construct as an exact replica. Each pupil has a role to play. There are some rules to the activity which will further test their organisational and team management skills

Learning Outcomes

Thinking skills

Evaluation and appraisal; open- mindedness; interpretation; rational approach; clarifying information by examining parts and relationships.

Problem solving skills critical, analytical, synthesising; decision making; alternative approaches; comprehension, also inherently fostering the skills of time management and working under pressure

Working with others and leadership; planning; sharing tasks and responsibility; judging appropriately when and how to assert views; encouraging / motivating team members; taking initiative; being flexible and resourceful

Communication Skills written; oral; listening skills; expression; and mixed media. Emotional intelligence developing and understanding of one's own and others' emotions; i.e. managing frustrations; patience and cooperation; accepting feedback; feeling isolated/excluded.

Evaluation (pupil lead)

Self- evaluation. Pupils are asked to close their eyes and reflect on their group and individual experience i.e. listening skills related to attention in class and further in the world of work. A process is then undertaken to help pupils implement an 'action plan' to strengthen the skill(s) pupils identify as an area for improvement

Further self assessment is delivered through an evaluation completed by the pupils Both pre and post reflects the measurement of understanding, learning and personal development which is applicable across the curriculum.

Schools will receive collated evaluations.

In Summary

For S1/2

Relevant to Curriculum For Excellence

Pre and post questionnaires collated and presented to school within five working days.

Resources Required: plan of hall lay out available

One member of staff coverage for discipline purposes only.

120 students per day delivered, via 40 students per double period or by arrangement. Cost is highly competitive

About Us

Lindsay Stewart has had many years experience in the world of business and management.

He is an experienced facilitator with all age groups, and has taken part as a role model keynote speaker at a recent 'You Can Do Anything' school conference.

Gerry Stewart is a professional presenter and group facilitator in both enterprise and personal development. In her previous working life Gerry has been extensively involved in the F.E and H.E sectors, both at home and abroad. She has also been a motivational speaker at insight Scotland and Young Enterprise events.

MindVision grows from strength to strength as do the people that we work with.

We believe everyone has the potential to go as far as they want in life and can teach the techniques required to live a happy and fulfilling life both professionally and personally.

Other courses include:

- Developing Emotional Intelligence
- Understanding Others
- How to be an Excellent Presenter
- Confidence and Self Esteem Building
- Communication and Assertiveness Skills

We are Disclosure Scotland checked

What They Said

"An excellent way of covering aspects of citizenship and enterprise, with pupils and staff bonding quickly. Our pupils relaxed and worked as effective teams even although some had never worked with each other before. Back in the classroom the pupils showed a more positive attitude to learning and discussion and this is a major benefit. Gerry Stewart's organisation is of a high standard and involves very little effort by us at the school end".

Norman Girvan – Principal Teacher, Business Education, Wallace High School

"Very efficient and provide a quality service"
Isobel Cullen – Hermitage Academy

"I have found the projects organised through Lindsay Stewart as extremely professional, business-like and beneficial for all those concerned. He is calm, friendly and relates well to the target audience. All dealings with him have been very positive and rewarding".

Ann Marie Hunter – Bearsden Academy

The Next Step

If you would like to contact us for more information please call **01324 720520** or email **info@mindvisionuk.com**

Alternatively you can visit our website:
www.mindvisionuk.com